

SHELTERS

‡ Elizabeth Fry Society (Barrie) (max 60 days)	725-0613	‡ Children's Aid Society (Counseling services)	325-1005	‡ Ontario Early Years (Toddlers' 'stay 'n play'; parents' workshops; <i>Emergency</i> baby needs depot)	325-1299
‡ Green Haven Shelter (for women fleeing abuse)	327-7319	‡ Children In Need Of Treatment (Free children's dental services for <i>Qualified</i> clients)	721-7520	‡ Orillia Employment Resource Centre	325-9299
‡ Lighthouse Christian Ministries (for men)	329-2265	‡ Community Legal Clinic	326-6444	‡ Orillia Soldier's Memorial Hospital Emergency Department	327-9100
‡ Out of the Cold (seasonal)(Barrie)	331-1396	(Disability, Consumer, Education, Human Rights, Housing, Workers' Comp and more)		‡ Orillia After Hours Medical Clinic Walk in Clinic (call for Hours)	327-0578
‡ Muskoka Interval House (Bracebridge)	1-800-461-1740	‡ Couchiching Jubilee House (Transitional House for women)	326-4337	‡ Pregnancy Crisis Centre	326-8228
‡ My Friend's House (Collingwood)	1-800-265-2511	‡ Family Law Information Centre Memorial Ave @ Court House = Cottage "C" @ HRC (walk-in) Tue 2 – 5 p.m.	326-2671	(alternatives to abortion) diapers, clothing, more	
‡ My Sister's Place (Alliston)	1-800-461-5419	‡ Gambling Anonymous	325-4499/1-888-230-3505	‡ Salvation Army Community & Family Services	326-3472
‡ Rosewood (for women - Francophone services available) (Midland)	1-800-461-1750	‡ Green Haven Outreach (for women experiencing physical, emotional, and / or psychological abuse)	329-2806 1-888-285-6958	‡ Sexual Assault Centre (SAC)	325-2201 1-800-987-0799 / 1-877-377-7438
‡ Women & Children's Crisis Centre (Barrie)	728-6300	‡ Health Connection (health professional or nurse provides information) Mon - Fri 8:30 a.m. – 6:00 p.m.	721-7520	‡ Sexual Health Information Line (Confidential telephone counseling on sexual health issues)	1-800-668-2437
‡ Youth Haven (Barrie)	739-7616	‡ Information Orillia (Community Information & Referral)	326-7743	‡ Sexual Health Services (Confidential Birth Control & STD Testing clinic)	721- 7520
		‡ Mobile Outreach Unit (food / sleeping bags / legal, medical, housing advice) Orillia <i>downtown core</i> Wed 5 – 7 p.m.	325-2201 ext. 3547	‡ Simcoe Muskoka District Health Unit	721-7520 / 325-9565
		‡ Mother Care	326-9905	‡ Simcoe Outreach Services (SOS) Centre for Addictions	325-4499
		Community Action Program for Children		‡ Society of St. Vincent De Paul Church of the Guardian Angels	326-2849
		‡ Narcotics Anonymous (for contact info, call Info Orillia)	326-7743	‡ Think Twice (Helpful tips on raising children)	721-7520 877-721-7520
		‡ New Path Youth & Family Services (Counseling services)	325-6161	‡ Young Parents Resource Room (under 24yrs) Wed & Fri 1 – 4:30 p.m.	326-7386 x106
		‡ Ontario Works ('social assistance')	722-3132		
		‡ OPP - <i>non-emergency</i> number	326-3536		

SUPPORT SERVICES

‡ AA (calls screened by Telecare)	325-6385
‡ Alcohol-Drug Withdrawal RVH Withdrawal Management Services	728-4226
‡ David Busby Street Centre (Barrie) (for men)	739-6916
‡ Catholic Family Life Centre	726-2503
‡ Catulpa Community Support Services	326-6502

)] Youth Centre
 Drop in centre for youth 12 –16 yr.
 92 Barrie Rd., Unit #6 Mon – Thur 4 – 9 p.m.
 Fri & Sat 4-10 p.m. (Fri. counsellor) 325-8082

FOOD

-)] Lighthouse Christian Ministries
 Soup Kitchen
 49 Peter St. South
 Mon - Sat, doors open at 9:30 a.m.
 with lunch at 11:30 a.m. 329-2265
-)] Salvation Army Community & Family Services
 Food Bank
 157 Coldwater Rd. West
 Tue - Fri 10 a.m. – 1:00 326-3472
-)] Society of Saint Vincent De Paul –
 Church of the Guardian Angels
 Food Bank
 115 West St North
 Tue & Thur 1 – 3 p.m., (ext. 32) 326-2849
-)] The Orillia & Area Family Resource Centre –
 Emergency Cupboard
 Supplies formula & diapers
 80 Colborne St. West
 Call for Hours 325-1299
-)] The Sharing Place Food Bank
 22 West St. S.
 Mon / Wed / Fri. 327-4273
 Summer Hours are 1 – 3 pm
- The Good Food Box
 Contacts:
 Info Orillia Housing Resource 325-3883
 St. Vincent de Paul 326-2849 ext.32
-)] Mobile Unit – The Key Program
 Various locations throughout Orillia
 Wednesdays 5-7 pm 325-2201 ext.3547

CLOTHING

-)] Goodwill
 475 West St North 329-2041
-)] Green Again for New Beginnings
 33 Mississaga St. E
 Tues. – Sat 9:30 – 4:00 325-0686
-)] Guardian Angels Church
 – “Vinnies” Children’s’ Clothing (some adults)
 Tues & Thurs. 1 - 3 p.m. 326-2849 ext.39
-)] Salvation Army Community & Family Services
 (clothing vouchers for Salvation Army
 Thrift Shop) 326-3472
-)] Salvation Army Thrift Shop
 55 Wyandotte St. 326-6550
-)] St. James Penny Wise Shop
 58 Peter St. North 325-2742

HOUSING

-)] Information Orillia - Housing Resource Centre
 (Housing Registry &
 Support Services) 325-3883
-)] Salvation Army Community & Family Services
 (MAY be able to supply hotel chit for one night
 stay or bus fare to Barrie shelter) 326-3472

**UPDATES OR CHANGES TO THIS
 DIRECTORY CAN BE MADE BY
 CALLING INFORMATION ORILLIA
 326-7743 OR info@informationorillia.org**

INFORMATION ORILLIA'S QUICK HELP DIRECTORY

Updated: May 31, 2007



EMERGENCY 24 HOUR CRISIS LINES & OTHER HELPFUL NUMBERS

-)] Children’s Aid Society
 – Crisis Line 325-1005
-)] Green Haven Women’s Shelter
 – Crisis Line 327-7319
-)] Kid’s Help Line 1-800-668-6868
-)] Mental Health Crisis Line 728-5044
 1-888-893-8333
-)] Mobile Crisis Response
 (for children & youth)
 Mon - Fri 8:30 – 8:30 p.m. 728-5044
-)] North Simcoe Victim Crisis Services
 (Assistance to victims of crime &
 tragic circumstances) 325-5578
-)] OPP 911
-)] Rape Crisis/Sexual Assault Centre
 of Simcoe County 1-800-987-0799
-)] Salvation Army Emergency (Orillia)
 After Hours Number 794-2045
-)] Sexual and Domestic Assault
 Treatment Centre 1-877-377-7438
-)] Telecare 325-9534